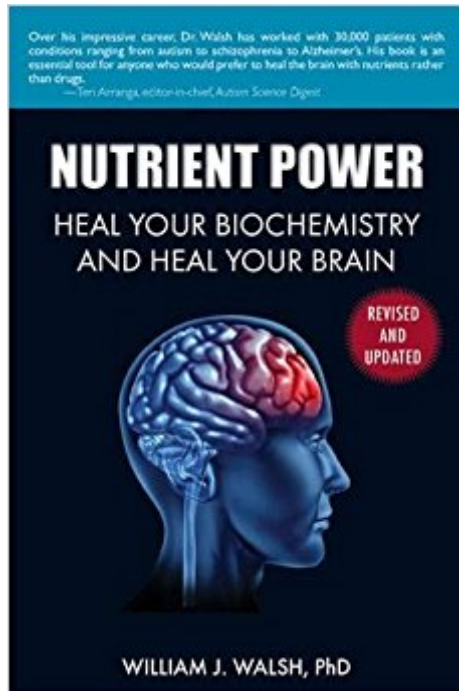




The book was found

Nutrient Power: Heal Your Biochemistry And Heal Your Brain



Synopsis

A must-read for individuals, families, and medical practitioners that opens a new door in psychiatric healthcare. Updated to cover the latest scientific developments, a must-read for individuals, families, and medical practitioners that opens a new door in psychiatric health care. Psychiatry has made great advances in the past fifty years but needs a new direction. Today's emphasis on psychiatric drugs will not stand the test of time. Recent advances in epigenetics and the molecular biology of the brain have provided a roadmap for the development of effective, natural, drug-free therapies that do not produce serious side effects. Psychiatric medications have served society well over the last fifty years, but the need for drug therapies will fade away as science advances. Nutrient Power presents a science-based nutrient therapy system that can help millions of people diagnosed with mental disorders. This approach recognizes that nutrient imbalances can alter brain levels of key neurotransmitters, disrupt gene expression of proteins and enzymes, and cripple the body's protection against environmental toxins. The author's database containing millions of chemical factors in blood, urine, and tissues has identified brain-changing nutrient imbalances in patients diagnosed with attention-deficit/hyperactivity disorder (ADHD), autism, behavior disorders, depression, schizophrenia, and Alzheimer's disease. This book describes individualized nutrient therapy treatments that have produced thousands of reports of recovery. Walsh's approach is more scientific than the trial-and-error use of psychiatric drugs and is aimed at a true normalization of the brain. Depression, schizophrenia, and ADHD are umbrella terms that encompass disorders with widely differing brain chemistries and symptoms. Nutrient Power describes nutrient therapies tailored to specific types. Other book highlights include the Walsh Theory of Schizophrenia, a new way to look at autism, a promising new treatment for Alzheimer's, and recommendations for reducing crime and violence.

Book Information

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Customer Reviews

Praise for William J. Walsh, PhD "[Dr. Walsh] is a pioneer and a well-respected researcher." —Dr. Mercola Praise for Nutrient Power —"Over his impressive career, Dr. Walsh has worked with 30,000 patients with conditions ranging from autism to schizophrenia to Alzheimer's. His book is an essential tool for anyone who would prefer to heal the brain with nutrients rather than drugs." —Teri Arranga, editor-in-chief, Autism Science Digest This could be an elegantly simple solution to the dysregulation of the extremely complex chemistry. —Publishers Weekly —Bill Walsh is not a Renaissance man: he's a Renaissance scientist. He invented a lithium battery that has been used in cars and hearts; he won the Abram Hoffer Doctor of the Year award, although he is a chemical engineer; he found the physical causes of violence, sociopathic behavior, depression, schizophrenia, and a dozen other troubling behaviors —and he found the treatments too; his studies are elegant and often commissioned by the National Institutes of Health, and his work on autism is as original as the man himself. This book could change medical history. —Marguerite, Kelly, syndicated columnist, The Washington Post —With Nutrient Power, Bill Walsh joins Linus Pauling, Carl Pfeiffer, and Abe Hoffer on the Mount Rushmore of behavioral nutrition. I was one of those doctors who emerged from medical school blind to nutrition. Bill Walsh opened my eyes to unsuspected nutritional needs, which saved my son. That could happen in your family, too. —Dr. Woody McGinnis, autism researcher —A necessary must for practicing physicians, patients and families! This book opens a new door in psychiatric healthcare. When all else has failed, read this book. —Dr. Albert Mensah, Warrenville, Illinois —What began as a quest to help my then-3-year-old daughter has resulted not only in her recovery but has become the journey of a lifetime! Dr. Walsh is a revolutionary thinker who guides us into the emerging world of biochemical balancing, the growing body of research into epigenetics, and understanding how these fields relate so they can be applied right here, right now. —Susan Lambert, California parent Nutrient Power brings a unique new perspective to mental, behavioral, and autistic disorders, including the crucial role of epigenetics. Anyone seeking advanced treatments for mental illness will benefit greatly from reading Dr.

Walsh's new book. -- John Skelton, former assistant director, Australian Army Psychology Corps

Dr. William J. Walsh is a scientist with more than thirty years of research experience. He received his doctorate in chemical engineering from Iowa State University. Dr. Walsh has been working for the last thirty years to develop biochemical treatment protocols for patients with behavior disorders, ADHD, autism, depression, anxiety disorders, schizophrenia, and Alzheimer's disease. He is the author of more than two hundred scientific articles and reports. Dr. Walsh lives and works outside of Chicago, Illinois.

The most powerful book I've read. This book shines a powerful light in the darkest chasm of the medical field known as mental health. My dear relative is being helped by some of the supplements mentioned in this book while we wait for labs and medical assistance. Already I have seen this loved one deteriorate sharply at the hands of mental health professionals and their meds chosen by educated dart throwing. It looks strongly to be low folate anxiety/depression that is a low blood histamine problem and we have seen methyl supplements bring her down (family mistake prior to seeking educated help) and seeing improvement in use of folinic acid and cyancobalamin etc (non methyl versions). This is the most exciting book that I wish were in the hands of every patient and family whose loved one suffers from imbalance of nutrients that affect the brain. It shows that tiny amounts of nutrients can impact everything in a persons life. A person who might otherwise be a high histamine go getter MD might instead be getting sentenced to prison because they have pyrrole disorder where the body can't rid itself of copper. When did we ever hear of doctors testing for metal levels to help people with emotional problems? This is so far reaching and at this point so little known that we need to do all we can to tell the world about it. So glad for the doctors who are working so bravely in this area. So sad for the docs who like one whose office I sat in said "that won't do anything" pointing at the book...and later saying my loved one should take vitamins. Duh, buddy. The book is already helping. I pray the light gets shown in all the dark crevices of the world of mental health! This book screams HOPE to those in the abyss of the mental health system.

I first heard about this treatment listening to an International Bipolar Foundation webinar. My daughter is diagnosed with schizoaffective disorder. She has been under the nutrient therapy treatment for six months. After seven years taking antipsychotic medications, and lately having constant psychosis for 18 months while on different antipsychotics, my daughter stopped having

psychosis after two months of "nutrient therapy" treatment. This book is a condensed description of Dr. William Walsh's 30 years research in the field of nutrient therapy to treat mental disorders. The science-based medical approach developed by this scientist is called "biomedical therapy" or "nutrient therapy." Dr. Walsh created non-profits in order to be able to conduct research about the role of vitamins, mineral, and amino acids in mental disorders. He has presented his research to the American Psychiatric Association. The treatment can be done parallel to the regular psychiatric treatment, if the patient is taking neuroleptics or any psychiatric medication. Dr. Walsh recognizes the importance of methylation processes and epigenetics in brain disorders. The nutrient therapy treatment aims at regulating the synthesis of neurotransmitters using natural chemistry, without producing the negative side effects that the psychiatric drugs generate. The book is written in a simple language, so that, a layperson like me, can understand some basic chemical processes that occur in the human body/brain. The author explains the neurotransmitter's life cycle and synthesis such as norepinephrine, serotonin, dopamine, and gaba. There are chapters on epigenetics, schizophrenia, depression, autism, behavior disorders, Alzheimer's, and about the clinical process used in the treatment. What I think is great is that they use blood, urine, and sometimes hair tests to diagnose the chemical imbalance of each patient. The treatment is designed specifically for each person, according with the patient's biochemistry results. The author states that deviant epigenetic marks that cause brain chemistry imbalances are likely to be reversible. Examining the biochemistry of 30,000 patients diagnosed with mental disorders, the researcher discovered the incidence of methylation disorders. He correlated the DSM diagnosis with the level of methylation he found in the mental disorder patients he studied. Some biotypes tend to be more overmethylated, while others tend to be more undermethylated. Dr. Walsh has great insights into the treatment of behavior disorders. This book is great, and it will revolutionize the psychiatric treatment. Mental health professionals need to realize that there are effective treatments that do not have the terrible side effects that psychiatric drugs do. Medical professionals should learn about these treatments. "Nutrient Power" is a blessing in my family's life. I wish I had known about this treatment before. Dr. William Walsh is a wonderful man, who has been dedicating his career to the development of a protocol for patients with behavior disorders. One great difference between nutrient therapy and the regular laboratory created drug treatment is that the nutrient treatment uses natural body chemicals to restore the person to a normal state. I have been watching videos of Dr. Walsh's presentations and interviews about his theory and treatment. I also read some of the articles on the non-profit he

created, Walsh Research Institute. If it were possible I would give more than five stars to this book and to this great scientist.

We went to Mensah Medical physicians personally trained by Dr. Walsh about 6 months ago, my son (age 2 1/2) was diagnosed moderate to severe Autistic with PDD 1 year ago and the nutrient treatments have changed our lives. Improved speech, social skills, physical function, eye contact, sleeping patterns, sensory feedback have all improved and we have hope that he will make a full recovery with mainstream education by age 6. My son's teachers are astounded at his progress! Thank you Dr. Walsh for your research and your heart for autistic kids. Zeeland, MI

Excellent, informative and useful volume of valuable knowledge on nutrition!

The author is brilliant. He makes this educational and scientific book interesting to read. This book has a clever balance of depth and width, knowledge and practicality. However, I am interested in healing insomnia, which this book does not cover. This book focus on schizophrenia, depression, autism, behavioral disorders and ADHD, Alzheimer's disease.

Most outstanding seminal work--recommended to everyone

A fascinating read. This book helps differentiate the 3 different levels of intervention from a drug or supplement perspective. Its good to know that many mental illnesses can be treated without the exclusive use of strong drugs. I have witnessed the successful use of supplements and reduced drug therapy.

I had the good fortune to hear Dr Walsh speak at a professional conference earlier this year. I thought his content was beyond my reach until I bought and read Nutrient Power. This is the best source I've found for explaining the methylation process, especially as it relates to depression. As a nutrition consultant, Dr Walsh's findings provide insights that help me better understand clients' conditions. The book is engaging, clearly written and well laid out. It is a resource I will keep in my professional library for a long time.

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